

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lize Van der Merwe

Has successfully participated & completed the

Short (15+) (400m swim | 19km bike | 6km run) Kaia Manzi Rugged Off Road Tri #1

held at Kaia Manzi.

**TIME** 01:52:16

**PACE** 04:18/km

**OVERALL** 13 of 28

**GENDER** 5 of 10

14 - 19 2 of 2

03 February 2019, Sun

Date



BoutTime

Signature